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RE: Coronavirus Policies

The world health community continues to monitor closely the emergence of the SARS-CoV-2 virus and the disease it causes, named "coronavirus disease 2019" (COVID-19). Our therapy offices have developed a proactive response plan to address the safety of our clients and observe the best possible public health practices. In accordance with CDC guidelines, we will maintain a safe workplace and encourage and/or adopt practices protecting the health of employees, clients, visitors and others. The health recommendations we use and encourage clients to use:

- Wash your hands frequently with warm, soapy water for at least 20 seconds.
- Cover your mouth with tissues whenever you sneeze, and discard used tissues in the trash.
- Avoid people who are sick with respiratory symptoms.
- Stay home if you are sick!
- Use alcohol-based hand sanitizers located in each office
- Use cleaning sprays and wipes to disinfect common areas regularly
- Remain at home until at least 24 hours after they are free of fever (100 degrees F or 37.8 degrees C) or signs of a fever

We ask that any client who has traveled out of the country and especially in an affected area report this to us. All clients will be offered telehealth therapy options, those self-identified as 'high-risk' will be encouraged to use them. All clients will be encouraged to use our sanitation station available in the waiting room. Hospital-approved sanitary masks are available upon client request or if an infected person is present to help contain the spread of the virus. As is the case in normal circumstances, clients reporting physical symptoms will be referred to a physician. Clients requiring emergency care will be referred to the ER or the therapist will call an ambulance. This pandemic is a rapidly evolving phenomenon, thus this policy will be amended accordingly as new information is received.